



# Babysitter Checklist

Child's Name (s): \_\_\_\_\_  
\_\_\_\_\_

## ***How you can reach us***

Where we'll be: \_\_\_\_\_

What time we'll be home: \_\_\_\_\_

Cell phone number is: \_\_\_\_\_

## ***In case of an emergency***

Neighbour/Friend name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Doctor's name: \_\_\_\_\_ Phone number: \_\_\_\_\_

## ***Health information***

Allergies: \_\_\_\_\_

Medication: \_\_\_\_\_

## ***Routines***

Mealtime: \_\_\_\_\_

Snacks: \_\_\_\_\_

TV time: \_\_\_\_\_

Bathtime: \_\_\_\_\_

Bedtime: \_\_\_\_\_

Favourite toys/books: \_\_\_\_\_

## ***Other information:***

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_